

## FAMILY THANKSGIVING HIKE

**Date:** Saturday, October 7th.

**Time:** 9:45AM Check-In with Scouters – We leave at 10AM SHARP and cannot wait for you.

The round trip is 5.5 kilometers and should take 2.5-3 hours.

This is a parent-participation hike!

Driving directions are included at the very bottom of this notice. Please allow ample drive time to make it to the start of the hike on time.

Jug Island is a tiny gorgeous island located just off the northern tip of Belcarra Regional Park. The island itself is not accessible but we will hike to a beach that faces the island and offers great views of Indian Arm. <https://www.vancouvertrails.com/trails/jug-island-beach/>

### What you need to bring

ALL Participants must DRESS FOR THE WEATHER and BRING WATER, LUNCH AND A SNACK

Check the weather forecast for *Port Moody* BEFORE YOU LEAVE.

Beavers should:

- Be wearing their vests and hats
- Be dressed in clothing and shoes appropriate for the weather, including bringing rain gear
- Bring a backpack including a healthy snack, lunch and a water bottle
- Use the public washrooms at the parking lot BEFORE leaving for the hike at 10:00 SHARP.

Be allergy aware! NO NUTS OR PEANUTS IN ANY FOOD

### About the Hike

We will be meeting at Belcarra Regional Park in Port Moody to do a round trip hike through the forest to arrive at a beachfront and view of Jug island. It is an intermediate difficulty hike with very little elevation gain, and is mostly through the forest.

From the parking lot we will walk towards the covered picnic table area and start at a trail that enters into the forest and a sign pointing to Jug Island. We follow the trail a short distance and cross the road, being careful of oncoming traffic. Immediately after crossing the road, we'll take the trail on the left.

The trail begins to climb quite quickly as we work our way up a gravel path. The trail eventually levels out giving the kids a chance to catch their breath before continuing through the moss covered forest. The trail begins to widen as we cover quite a bit of distance quickly on a slight downward slope.

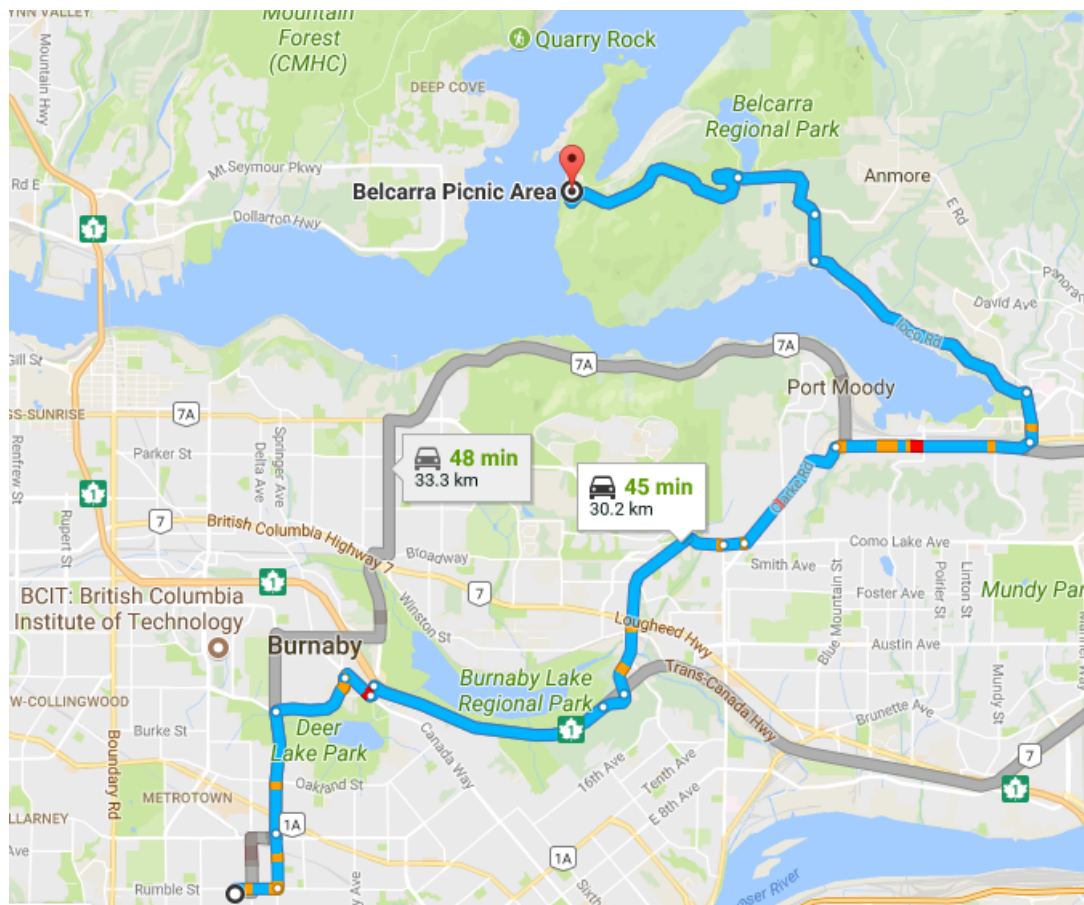
Eventually, the trail reaches a junction. We will go right and follow the trail as it, again, begins to ascend to the high point of the hike. As we reach the top of the mountain, we will look to our right at the view across Bedwell Bay and the water down below. We will continue for a short flat section before the trail makes its final, steep descent down towards the beach area.

There in front of us will be Jug Island, just off the shore. We will find a place along the rock/sand beach to find a good place to sit, have lunch and enjoy the views of Indian Arm and watch for eagles and seals that frequent the area, before hiking back to the parking lot.

### Getting There

Expected Drive time from Burnaby = 45 minutes.

Link to Google Map: <https://goo.gl/maps/gRxpwGuTyGz>



**Directions:**

The trail to Jug Island Beach is located in Belcarra Regional Park in the quiet town of Belcarra. To get to Belcarra Regional Park from Vancouver, drive east along Hastings Street, continuing through Burnaby and merge with the Barnett Highway. Continue until you reach the traffic lights and turn left onto St. Johns Street. Drive east along St. Johns St. and turn left at the lights onto loco Road. Drive past the mall on the right and turn left at the 3rd set of traffic lights, onto loco Road. It seems strange being on loco and then turning left onto the same street name. At this light, going straight up the hill turns into a different street name, therefore you want to turn left and continue on loco Road.

Follow the road as it weaves along the shore passing many houses on both sides of the road. Turn right onto 1st Avenue and a short distance later when the road forks, go left onto Bedwell Bay Road. After passing Sasamat Lake on your right, you reach a stop sign. Turn left at the stop sign and follow the winding road up hill, passing the yellow metal gate. Continue following this route until you finally descend into Bedwell Bay and arrive at the parking lot of Belcarra Regional Park.